

เอกสารอ้างอิงกระเทียนกับการลดระดับไขมันในเลือด

1. ภาวะไขมันในเลือดสูง (Hypercholesterolemia) Available from :
http://www.phyathai.com/medicalcenterdetail_article/31/231/PYT3/th Access
01/05/2015.
2. Janil A, Mehta AA. Effect of *Allium sativum* on cytochrome P450 and possible drug interactions. Orient Pharm Exp Med 2006;6(4):274-85.
3. Charu K, Yogita S, Sonali S. Neutraceutical potential of organosulfur compounds in fresh garlic and garlic preparations. Int J Pharm Bio Sci 2014;5(1):112-26.
4. Mahmoodi M, Islami MR, Asadi KGR, et al. Study of the effects of raw garlic consumption on the level of lipids and other blood biochemical factors in hyperlipidemic individuals. Pak J Pharm Sci 2006;19(4):295-8.
5. Mirunalini S, Krishnaveni M, Ambily V. Effects of raw garlic (*Allium sativum*) on hyperglycemia in patients with type 2 diabetes mellitus. Pharmacologyonline 2011;(2):968-74.
6. Varma M, Sharma DK, Paaneri S, Mishra A, Sinha ARS, Varma V. Potential clinical benefits of garlic (*Allium sativum*). J Environ Res Dev 2011;5(3):652-5.
7. Lau KK, Chan Y-H, Wong Y-K, et al. Garlic intake is an independent predictor of endothelial function in patients with ischemic stroke. J Nutr Health Aging 2013;17(7):600-4.
8. Mader FH. Treatment of hyperlipidaemia with garlic-powder tablets. Evidence from the German Association of General Practitioner' multicentric placebo-controlled double-blind study. Arzneimittelforschung 1990;40(10):1111-6.
9. Kannar D, Wattanapenpaiboon, Savige GS, Wahlgqvist MD. Hypocholesterolemic effect of an enteric-coated garlic supplement. J Am Coll Nutr 2001;20(3):225-31.
10. Ashraf R, Aamir K, Shaikh AR, Ahmed T. Effects of garlic on dyslipidemia in patients with type 2 Diabetes mellitus. J Ayub Med Coll 2001;17(3):60-4.
11. Kojuri J, Vosoughi AR, Akrami M. Effects of *Anethum graveolens* and garlic on lipid profile in hyperlipidemic patients. Lipids Health Dis 2007;6:5.
12. Firouzi A, Kiani R, Nasrollahzadeh J. Effect of garlic powder tablet on carotid intima-media thickness in patients with coronary artery disease : a preliminary randomized controlled trial. Nutr Health 2013;22(2):143-55.

13. AlObaidi AHA. Effect of *Nigella sativa* and *Allium sativum* coadministered with simvastatin in dyslipidemia patients : A prospective randomized double-blind trial. *Antiinflamm Antiallergy Agents Med Chem*
14. 2014;13:68-74.
15. Jeyaraj S, Shivaji G, Jeyaraj SD, Vengatesan A. Effect of combined supplementation of fish oil with garlic pearls on the serum lipid profile in hypercholesterolemic subjects. *Indian Heart J* 2005;57(4):327-31.
16. วิชัย ตันไฟจิตร สุกัจฉรา นพจินดา สุรัตน์ โคมินทร์. ผลการรักษาผู้ป่วยภาวะคอเลสเตอรอลสูงในเลือดด้วยกระเทียมสกัดเข้มข้น. *โภชนาศาสตร์คลินิก* 2530;2:1-4.
17. Yeh Y-Y, Lin RI, Yeh S-M, Evans S. Garlic reduces plasma cholesterol in hypercholesterolemic men maintaining habitual diets. *Food Factory for Cancer Prevention* 1997;226-30.
18. Budoff MJ, Ahmadi N, Gul KM, et al. Aged garlic extract supplemented with B vitamins, folic acid and L-arginine retards the progression of subclinical atherosclerosis: A randomized clinical trial. *Prev Med* 2009;49(2-3):101-7.
19. Jung E-S, Park S-H, Choi E-K, et al. Reduction of blood lipid parameters by a 12-wk supplementation of aged black garlic: A randomized controlled trial. *Nutrition* 2014;30:1034-9.
20. Jin Sook K, Ju Eun P, You Jin L, et al. Garlic powder intake and cardiovascular risk factors: a meta-analysis of randomized controlled clinical trials. *Nutr Res Pract* 2014;8(6):644-54.
21. Zeng T, Guo F-F, Zhang C-L, Song F-Y, Zhao X-L, Xie K-Q. A meta-analysis of randomized, double-blind, placebo-controlled trials for the effects of garlic on serum lipid profiles. *J Sci Food Agric* 2012;92(9):1892-902.
22. Chang KJ, Cheong SH. Mixture composition for preventing hyperlipidemia and visceral obesity comprising garlic powder, soy protein extract and taurine. *Repub Korean Kongkae Taeho Kongbo* 2006 KR 2006067988.
23. Garlic Interaction What is it? Available from : <http://www.webmd.com/vitamins-supplements/ingredientmono-300-garlic.aspx?activeingredientid=300&activeingredientname=garlic>. Access 01/05/2015.
24. Yilmaz HH, Gomez O, Hastar E, Yildirim D, Aksoy MC. Garlic burn in a patient with trigeminal neuralgia : A case report. *Eur J Dent* 2010;4:88-90.

25. Heller J, Gabbay JS, Ghadjar K, et al. Top-10 List of herbal and supplemental medicines used by cosmetic patients: What the plastic surgeon needs to know. *Plast Reconstr Surg* 2006;117(2):436-45.