

**เอกสารอ้างอิง (ข้อควรระวังในการใช้ผลิตภัณฑ์เสริมอาหาร)**

1. ชูศักดิ์ พฤกษาพงษ์. วัยหมดครรภ์. ใจล้ำหนอน 2542;5(23). Access from website [http://www.elib-online.com/doctors/senite\\_menopause02.html](http://www.elib-online.com/doctors/senite_menopause02.html).
2. Blumenthal M, Busse WR, Goldberg A, et al., eds. The complete German Commission E monograph. Boston : American Botanical Council, 1998;48:90.
3. Dukr EM, Kopanski L, Jarry H, Wuttke W. Effects of extracts from *Cimicifuga racemosa* on gonadotropin release in menopausal women and ovariectomized rats. *Planta Med* 1991;57:420-4.
4. Lehmann-Willenbrock E, Riedel HH. Clinical and endocrinologic studies of the treatment of ovarian insufficiency manifestations following hysterectomy with intact adnexa. *Zentralbl Gynakol* 1988;110(10):611-8.
5. Einer-Jensen N, Zhao J, Andersen KP, Kristoffersen K. *Cimicifuga* and *Melbrosia* lack oestrogenic effects in mice and rats. In: *Maturitas* 25(1995) 1996:149-53.
6. Liske E. Therapeutic efficacy and safety of *Cimicifuga racemosa* for gynecologic disorders. *Adv Ther* 1998;15(1):45-53.
7. Vorberg G. Treatment of menopausal symptoms. *ZFA* 1984;60:626-9.
8. Whiting PW, Clouston A, Kerlin P. Black cohosh and other herbal remedies associated with acute hepatitis. *MJA* 2002;177:432-5.
9. Lontos S, Jones RM, Angus PW, Gow PJ. Acute liver failure associated with the use of herbal preparations containing black cohosh. *MJA* 2003;179:390-1.
10. Light TD, Light JA. Acute renal transplant rejection possibly related to herbal medications. *Am J Transplantation* 2003;3:1608-9.